

# BE FILLED

G O D ' S   S P I R I T   I S   I N   Y O U

July 7, 2024

## 4 THINGS WE NEED TO KNOW

### 1. God gave us His Spirit.

**2 Timothy 1:7**—*For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.*

**John 14:16-17a**—*And I will ask the Father, and he will give you another advocate to help you and be with you forever—the Spirit of truth.*

**John 14:25-27**—*All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.*

**John 15:26**—*When the Advocate comes, whom I will send to you from the Father—the Spirit of truth who goes out from the Father—he will testify about me.*

**John 16:7**—*But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you.*

### 2. We are to be repeatedly filled with the Spirit.

**Ephesians 5:18**—*...be filled with the Spirit..*

**Ephesians 5:15-20**—*Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

**James 4:7-10**—*Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and he will lift you up.*

### 3. The Spirit points us in every way to Jesus.

**James 4:4**—...friendship with the world means enmity against God... anyone who chooses to be a friend of the world becomes an enemy of God.

**James 4:6**—...God opposes the proud but shows favor to the humble.

**1 John 2:15-17**—Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever.

**John 16:13-14**—But when he, the Spirit of truth, comes, he will guide you into all the truth... He will glorify me because it is from me that he will receive what he will make known to you.

See also **John 16:8** (conviction of sin); **John 3:5-6** (regeneration); **Romans 8:16** (assurance of salvation); **John 16:13** (enlightenment); **Galatians 5:22-23** (fruitfulness); **1 Corinthians 12:7** (gifting); **Acts 1:8** (empowerment)

**Galatians 5:16-18**—So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit, you are not under the law.

**Galatians 5:19-21**—The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

### 4. The Spirit wants to make us like Jesus.

**Galatians 5:22-26**—But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

**Galatians 2:20**—I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

**Romans 8:9-11**—You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

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*All verses quoted in New International Version unless otherwise noted.*

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# STUDY GUIDE: 7/7/24

Begin your group with prayer. Have one or two people share a testimony from their week. Keep it positive and reflect on the good things God has done.

## STUDY QUESTIONS

1. Read and discuss 2 Timothy 1:7. What does it say? What does it mean? What does it mean to you?
2. The Holy Spirit's chief aim is to glorify Christ. Read about it in John 16:13-14. What are the implications of this as it relates to our individual walk with Christ?
3. Read and discuss the work of the Holy Spirit as seen here: conviction of sin (John 16:8), regeneration (John 3:5-6); assurance of salvation (Rom 8:16), enlightenment (John 16:13); transformation (2 Cor 3:18); fruitfulness (Gal 5:22,23), gifting (1 Cor 12:7), empowerment (Acts 1:8).
4. What does it mean to you: Walk by the Spirit (Galatians 5:15), be led by the Spirit (Galatians 5:18), be filled with the Spirit (Ephesians 5:18), keep in step with the Spirit (Galatians 5:25).