



**Colossians 2:9-10**—*For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority.*

**Colossians 3:15-17**—*Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.*

**1 Thessalonians 5:18**—*Give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

## **WHEN WE PRACTICE THE SPIRITUAL DISCIPLINE OF GRATITUDE:**

- 1 > God is glorified.
- 2 > Others are inspired.
- 3 > We are liberated.

## **CULTIVATING A HEART OF GRATITUDE**

1. Prioritize God's presence.

2. Live in the shadow of the cross.

3. Walk with the wise.

*Proverbs 13:20—Walk with the wise and become wise, for a companion of fools suffers harm.*



*All verses quoted in New International Version unless otherwise noted.*

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# STUDY GUIDE: 12/29/24

Begin your group with prayer. Have one or two people share a testimony from their week. Keep it positive and reflect on the good things God has done.

## STUDY QUESTIONS

1. Read Colossians 3:15-17 together. What do you think it means to have the peace of Christ rule our hearts? Discuss. How have you experienced God's peace in your life? Share examples.
2. As you look back on 2024, where do you see specific examples of God's faithfulness in your life? Discuss. Read Psalm 37:5 together. Discuss some spiritual growth goals that you have for the new year.
3. Read Luke 17:11-19 together. What is so tragic about the nine who failed to return and show thankfulness to Jesus? Discuss.
4. Read 2 Thessalonians 5:18. What is the difference between happiness and thankfulness? Discuss. Is it possible to have gratitude to God in times of sorrow? Discuss. How does this help us in difficult times? Discuss.
5. Read Romans 8:28 together. What is the difference between being thankful for everything and being thankful in everything? Discuss. Share a personal example if you are comfortable. Pray for one another.