



Physical Wealth

WHAT MATTERS MOST | APRIL 19, 2026

1 Corinthians 4:2 (ESV)—...it is required of stewards that they be found faithful.

Matthew 25:14-30—Parable of the Talents

Mark 10:17-22—The Rich Young Ruler

Luke 2:52—And Jesus grew in wisdom and stature, and in favor with God and man.

The 7 Types of Wealth (*Grade Yourself*)

- > Mental Wealth _____
- > Physical Wealth _____
- > Spiritual Wealth _____
- > Relational Wealth _____
- > Emotional Wealth _____
- > Moral Wealth _____
- > Financial Wealth _____

3 THINGS THE BIBLE SAYS

1. OWNERSHIP: Recognize that your body belongs to God.

1 Corinthians 6:19-20—Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

1 Corinthians 6:18—Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

2. WORSHIP: Offer your body to God.

Romans 12:1—Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

5 STEPS TO HABIT FORMATION

- > Start
- > Time
- > Expectation
- > Persevere
- > System

3. STEWARDSHIP: Train your body by exercising discipline and self-control.

1 Corinthians 9:24-27—Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

All verses quoted in New International Version unless otherwise noted.

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